

AIDS DAY CELEBRATION – 4th DECEMBER

Every year, World AIDS Day is celebrated on 1st December. As a part of this NSS volunteers, under the guidance of Program Officer Mrs. Lincy Jesvin and Dr. Deepthi Devadas, organized an event on 4th December 2024 with the theme **“Take the Right Path, My Health, My Right”**. The NSS team of KIHS prepared a Tidbit Regarding the Same and provided a summary on AIDS – its causes, symptoms, treatment, and preventive methods to the 1st-year B.Sc. (N) and Allied Health students. The event was inaugurated by our Dean, Dr. Sereena Shaji, and Principal, Dr. Biji Joseph.



JANUARY 2025

REPUBLIC DAY 2025



Koshys Group of Institutions celebrated, 76th Republic Day on 26 th January in KGI Amphitheatre at 8:00 AM, showcasing patriotism and national pride. The day began with a flag-hoisting ceremony attended by faculty, staff, and students. The highlight of the celebration was a spectacular NCC parade, organized by the college NCC unit, showcasing the discipline and skills of the

cadets as they marched in formation, carrying the National flag and demonstrating their military prowess. The celebrations went on with a cultural program featuring patriotic songs performed by students, displayed the rich cultural heritage of our India.

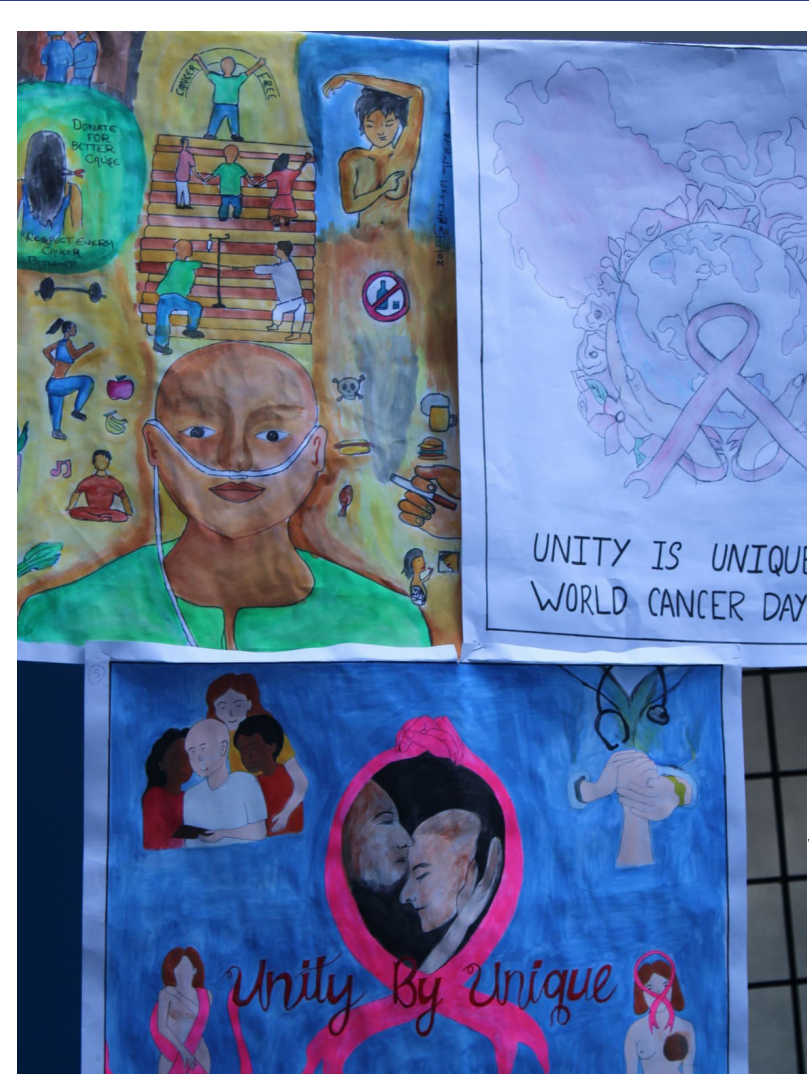
COMMENSUO 2024-25

On 3rd February at 12:00 PM Commensuo the Orientation program was organized by KIHS to warmly welcome the freshers (B.Sc. Nursing, General Nursing, and Allied Health Sciences) for the academic year 2024-25 as they embarked on a new academic journey. The event was held in the esteemed presence of Chief Guest Dr. Santhosh Koshy, Chairman – KGI, along with our Dean –KIHS, Dr. Sereena Shaji, and other distinguished faculty members. The program commenced with an invocation song. The official inauguration was marked by the ceremonial lighting of the lamp by the accompanied by the Faculty, symbolizing a bright beginning.



Prof Dr. Jean Tresa, delivered a warm welcome speech. Dr. Santhosh Koshy addressed the freshers, imparting words of wisdom and motivation. Our esteemed Dean, Dr. Sereena Shaji, also encouraged the students, instilling confidence and motivation as they embarked on their professional paths.

WORLD CANCER DAY – 4th FEBRUARY 2025

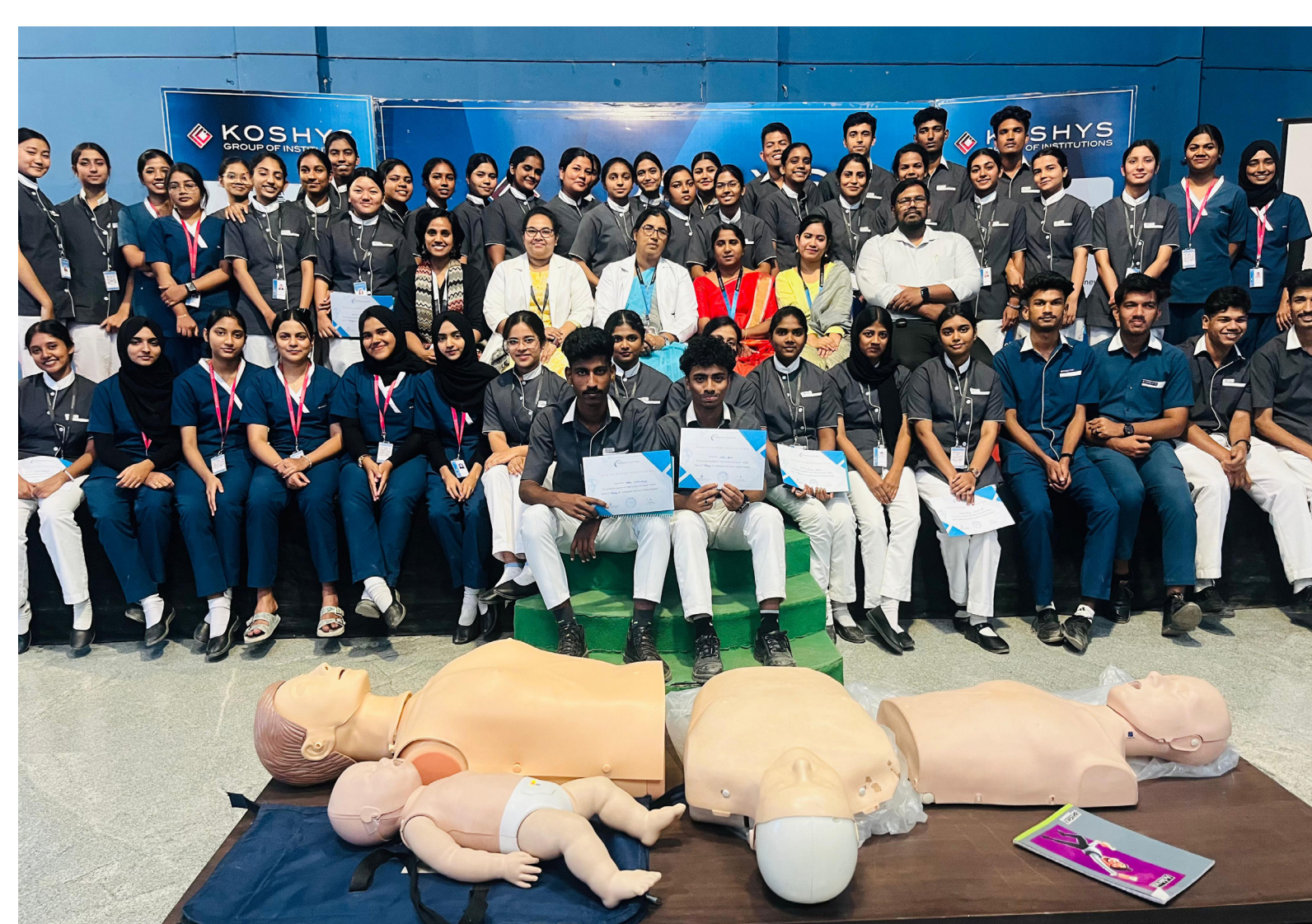


World Cancer Day was celebrated on 4th Feb 2025, with the theme **“Unique by Unique.”** The event aimed to foster understanding, encourage support for cancer patients, and highlight the importance of early detection and treatment of cancer. The program was organized by the 3rd-year and 5th-semester B.Sc. Nursing students. A musical role-play was performed by the 5th-semester students, delivering a strong message that cancer patients are not alone in their fight. MS. Shruti, a cancer

survivor delivered a heart-touching speech and Dr. Jean Tresa Professor at KIHS, gave an impactful address.

BASIC CARDIAC LIFE SUPPORT (BCLS)

On 6th and 7th February 2025, the Basic Cardiac Life Support (BCLS) training program was conducted in the KGI Auditorium by Mrs. Lincy Jesvin, Assistant Professor of KIHS. The program was organized for the 3rd-semester B.Sc. Nursing students of KIHS. Mrs. Lincy delivered a comprehensive educational session, followed by hands-on practice in performing CPR on mannequins and utilizing AEDs in simulated emergency scenarios. Students underwent an assessment to evaluate their proficiency in CPR techniques and competent participants were awarded BCLS certification.



AWARENESS PROGRAMME ON BLOOD DONATION



Blood donation- awareness programme was conducted on 12th February 2025 at 10:00 AM by the NSS team with, aim to educate the students of Koshys Institute of Management Studies. It included the importance, eligibility criteria, Do's and don't's of blood donation. Students were also encouraged to participate in the upcoming blood donation camp which was planned on 19th February. The NSS team visited all the KIMS classes and delivered the message effectively using audiovisual aids. Ms. Abhirami and Ms. Suryamol (4th-year B.Sc. students). Ms. Nikita (2nd-year B.Sc.) introduced the topic, followed by presentations conducted by Ms. Delna and Ms. Mahima (3rd-year B.Sc. students) followed by distribution of Leaflets and posters to all the students. At the end, the sessions were effective, and also many students shown the voluntary response for blood donation.

BLOOD DONATION CAMPAIGN

On 19th February 2025, NSS volunteers, under the guidance of Programme Officers Mr. Remjith (KCN) and Mrs. Lincy Jesvin (BLFCN), organized a blood donation drive in coordination with the Red Cross, Lions Club, and Indira Gandhi Institute of child health, Bangalore. The drive saw an overwhelming response, with a significant number of blood units collected and increased awareness about voluntary blood donation.



BLOOD DONATION CAMPAIGN - KOLAR



On 21st February 2025, 5th-semester and 4th-year B.Sc. Nursing students participated in a large- scale blood donation campaign in Kolar, organized in collaboration with the Lions Club, aimed to achieve an Indian record of collecting 3,000 blood donation units. Students, accompanied by Faculty members Ms. Haimanti and Ms. Triya, took on various responsibilities to ensure the event's success. The targeted donation units were successfully achieved.

WEBINAR - EARLY DETECTION OF BREAST CANCER AND POST MASTECTOMY CARE

On 22nd February 2025 at 12:00 PM, KIHS, in collaboration with Koshys Hospital, Little Flower Hospital, and Cytecure Hospitals, organized a free webinar on “Early Detection of Breast Cancer and Post Mastectomy Nursing Care.” The online event was attended by Dr. Santhosh Koshy, Chairman, KGI, Dr. Sereena Shaji, Dean, KGI, and other institutional leaders. The webinar featured two eminent speakers Dr. Vivek Anand, a breast surgery specialist from East Lancashire Hospital NHS, UK, who spoke on early detection of Breast Cancer, and Ms. Lincy Varghese, Head of Nursing at Cytecure Hospital, Bengaluru, who discussed about post-mastectomy nursing care.



DRUG ADDICTION ABUSE AND PREVENTION PROGRAM

On 25th February 2025 at 3:00 PM, the **“Drug Addiction, Abuse, & Prevention Program”** was conducted at the KGI Auditorium by the NSS team under the leadership of Mrs. Lincy Jesvin. The event featured a welcome speech by Mrs. Chaitanya Valsalan, Asst. Professor, followed by an invocation song. 1st semester B.Sc. Nursing students, along with Ms. Hrishita team from the 3rd semester, performed a role-play about the effects of drug abuse. Guest speaker Dr. Vinay Akula delivered an insightful lecture on types of drugs, detection of drug abuse, & breaking the cycle of addiction. Ms. Mahima of the 5th semester B.Sc. Nursing recited the anti-drug pledge.



ANATOMY LAB VISIT



On 5th March 2025, 1st year B.Sc students visited the Anatomy Lab at St. John’s Medical College, accompanied by faculty members Dr. Jean Tresa & Ms. Triya. Students gained hands-on experience examining real human specimens, including organs like the heart, brain, and kidneys, and observed fetuses with abnormalities, enriching their understanding of human anatomy.

INTERNATIONAL WOMEN’S DAY 2025

International Womens Day ,was celebratedon 8th March 2025 at 10:00 AM in the KIHS Quadrangle, organized by the 3rd-year and 5th-semester B.Sc. Nursing students. Mrs. Melba Elizabeth, Principal of KCN, delivered a powerful message on gender equality and empowerment, followed by an address by Dr. Sereena Shaji, Executive Vice President of KGI. The highlights included a spectacular ramp walk depicting great women personalities, a MIME act on marital rape and cultural performances. Similar celebration was conducted on 10th March, by NSS volunteers –a special outreach programme at Bellahalli Slum –Kannur. Ms. Ruchi Sharma gave a Health talk on educating the young girls and women about menstruation and its hygiene.



KULTASTIC 2025 - COLLEGE DAY



Koshys Group of Institutions hosted its Annual College Day event Kultastic, on 14th March 2025 at 5:00 PM. The formal Event was graced by Chief Guest Sri. Shafi Parambil, Member of Parliament Kerala, Guest of Honour Dr. Santhosh Koshy chairman KGI and Special guests Sri. Kattanan Shaji, KPCC, Secretary Kerala, Mr. Sathish Koshy, General Secretary, KGI, Dr. Sereena Shaji, Executive Vice President, KGI and Dr. Prakash B

Nayak, Academic Director of KIMS. The programme began with an invocation song and Lamp lightning. Sri. Shafi Parambil, Member of Parliament, addressed the gathering on focusing the significance of education, leadership, and students’ role in shaping the nation. Dr. Santhosh Koshy, Chairman also addressed the gathering. Later, Sri. Shafi Parambil awarded the outstanding academic achievements students, followed by a vibrant cultural extravaganza (dances, musical Band, fashion shows, and drama).

LAMP LIGHTING & OATH TAKING CEREMONY

Lamp Lighting and Oath-Taking Ceremony was conducted on 26th March 2025, for 1st-year (Freshers) Nursing students, marking their official entry into the Nursing profession. Chief Guest Dr. L.D. Srinivas, Professor at JJM Medical College, Davangere, and Senate Member of RGUHS, inspired students to uphold the values of nursing with integrity and compassion. Guest of Honour Dr. Santhosh Koshy emphasized discipline and dedication, while Special Guest Sr. Martha Thirumal Reddy shared heartfelt experiences and encouraged empathetic service. Students received lamps from senior faculty, symbolizing the transfer of knowledge, and took the Florence Nightingale Oath. The annual college magazine, ‘Karthavya IV’, was released by the students council and college magazine committee.



WORLD TUBERCULOSIS DAY

World Tuberculosis Day was observed on 27th March 2025 at 2:00 PM at the KIHS Quadrangle with the theme “**Yes! We Can End TB: Commit, Invest, Deliver.**” A seminar was organized by 2nd-year B.Sc. Nursing students who covered the statistics of TB infections, Anatomy of Lungs, Etiology, Clinical features, Treatment and its Prevention. A MIME act was performed by students followed by demonstrationsof Model which allenriched the session.

FRESHERS DAY



The 2nd year batch of (BSc, GNM, AHS) of Koshys Institute of Health Sciences organized Freshers Day on 29th March 2025 to warmly welcome the novices for the academic year 2024 – 2025. Theme for the year was ‘**NOVATOS FIESTA**’ brought exciting twist, blending vibrancy fiesta & creating an unforgettable experience for all. The program commenced at 2:00PM, in the presence of Dr. Sereena Shaji, Executive Vice - President of Koshy’s Group of Institution, Principals, Vice Principals, HODs and Faculty. Ms. Melba Elizabth, Principal of Koshys College of Nursing addressed the gathering, encouraging them to embrace opportunities and excel in their journey.

WORLD HEALTH DAY

Koshys Institute of Health Sciences celebrated World Health Day 2025 on 8th April at 10:00 AM with the theme “**Healthy Beginnings, Hopeful Future.**” Organized by 4th-year B.Sc. Nursing students, the event highlighted early maternal health interventions and neonatal care guidelines. A role-play drama depicted real-life child healthcare scenarios. Sereena Shaji and Dr. Biji Joseph delivered inspiring keynote address.



GUEST LECTURE - CURRENT AND EMERGING TRENDS SHAPING MATERNAL CARE



On 3rd April 2025 at 2:30 PM, the Department of Obstetrics and Gynaecology Nursing at KIHS hosted a guest lecture by Dr. Blaze Maria Rosario, Professor of Obstetrics and Gynecology Nursing at St. Philomena’s College of Nursing, Bangalore on the topci. Her insightful session discussed advancements in prenatal, intranatal, and postnatal care, emphasizing individualized care, patient safety, and technological integration in maternal healthcare.

SPECIAL CAMP: EYE CAMP

On 26th April 2025, a Special Eye Camp was organized at Bellahalli Slum by the NSS and Community Health Department in collaboration with Lions Club – Jayanagar, Shraddha Eye Care Trust, and BIRDS Association. The 5th-semester and 4th-year B.Sc. Nursing students of Bangalore Little Flower College of Nursing volunteered under the guidance of NSS Program Officer Ms. Lincy Jesvin and Associate Professor Ms. Anita Prashanth –CHN. On that day Public were Screened for refractive errors, cataracts, and comorbidities. They alsoprovided free glasses & people suggested for surgeries. Total 57 people attended the camp and got the benefits.



WORLD MALARIA DAY 2025

On April 25, world malaria day was celebrated on the Theme – **Malaria Ends with Us: Reinvest, Reimagine and Reignite.** This theme emphasized on need for renewed dedication, innovative planning and teamwork to accelerate the eradication of malaria. On the occasion of World Malaria Day, 28th April, the1st-year GNM students organized the event in Kadusopannahalli. At PHC area, KS Halli staffs along with First year GNM conducted a rallyfor 2km and Door-to-Door awareness campaign was given. Later the students released an awareness video at the KIHS quadrangle, advocating for malaria eradication.



IMMUNIZATION DAY 2025

National Vaccination Day in India is observed annually on March 16th. Aims to recognize the efforts of healthcare workers to get involved in successful vaccination drives. Theme for National Vaccination Day 2025 is “**Vaccines Work For All**”. To commemorate Immunization Day, on 28th April 2025, the 2nd-year GNM students of KoshysSchoolofNursingorganizedaprogramme at KIHS Quadrangle from 2:00 to 4:00 PM. The students were guided by Prof. Tina Ann and Class Coordinator Ms. Sunandha. The Activities included a role-play, quiz competition, and presentation. Intended to create awareness of the significance of immunization by getting timely vaccination and how it can be prevented from different diseases



UPCOMING EVENTS IN MAY 2025

- ▶ World Hand Hygiene Day
- ▶ Maternal Mental Health Day
- ▶ International Nurses Day
- ▶ Anti Tobacco day